

# COMMUNITY CAPITALS FRAMEWORK

Community Capitals are resources that can be invested or tapped to promote a community's long-term well-being.



#### NATURAL CAPITAL

**NOTES:** 

#### LANDSCAPE & SOIL QUALITY

Natural amenities and the environment, wildlife and natural beauty



#### CULTURAL CAPITAL

#### TRADITIONS & LANGUAGE

Collaboration across & within cultures; it influences what voices are the loudest and most heard.



#### **HUMAN CAPITAL**

#### GARDENING & FACILITATION SKILLS

Skills and abilities of residents and the capacity to access outside resources



#### SOCIAL CAPITAL

#### RELATIONSHIPS WITH NEIGHBORS

Connections or bonds between individuals within a community



#### POLITICAL CAPITAL

#### **ELECTED OFFICIALS**

Ability to influence local policy, standards & laws



#### FINANCIAL CAPITAL

#### INVESTMENTS & GRANTS

Resources required to start businesses, invest in community spaces, support entrepreneurship & build wealth



#### BUILT CAPITAL

#### **ROADS & ELECTRICAL UTILITIES**

Infrastructure that supports the community

### **Listening Exercise:**

You will have five minutes to talk and five minutes to listen. While listening, allow your partner to speak about their experience. It's okay if you don't answer both questions. The focus is more on listening and letting your partner reflect.

Please answer the questions below:

What is an important or special experience that you had based on your involvement with the community garden? What did this lead to?

What unexpected things have happened as a result of your involvement in these efforts?

## Ripple Effect Mapping

First ripple: What are people doing differently?

Second ripple: Who is benefiting and how? How is the fact that people are doing things differently affecting others?



Third ripple: What changes are you seeing in the community's systems, institutions or organizations? Are everyday ways of thinking and doing changing? How?

#### Notes: